

IMPORTANT EVENT INFORMATION

EVENT LOCATION

The event will be conducted on the eastern side of Lake Kawana, at the northern end of the lake, off Sportsmans Parade near the finish tower (directly across the road from the Sunshine Coast Stadium).

TOILETS

The Stadium toilets across the road are available for our use (ground floor, left-front corner of the Stadium).

FOOD & DRINKS

The Canteen, which is on ground level across the road at the Stadium, will be open from 6.45am for food and drinks, and the Café in front of the Stadium will be open from 8.30am.

LITTER

Please ensure all litter is placed into the bins provided as Brisbane Swimming is held accountable for the cleanliness of the lake grounds, the stadium toilets and the stadium area post-meet.

PRE-RACE PROCEDURES

It is the responsibility of competitors to arrive promptly at the registration times (listed on page 4) to allow sufficient time for the following three procedures. **Starts will not be delayed for swimmers who are late.**

Registrations Tables 1 & 2 - Swimmer IDs, Caps & Competitor Numbers: Located on the concrete apron in front of the Finish Tower, competitors must present for registration wearing the swimsuits in which they will be competing so that they can be checked for compliance (see page 2 for swimsuit by-laws). Competitors will then be issued with their accreditation cards (swimmer ID), caps and competitor numbers at Tables 1 and 2, and will also be checked to ensure that no jewellery (including ear and facial piercings) is worn, and that fingernails and toenails are cut short. Free programs will be available from here.

Registrations Table 3 - Transponders: Located beside Registration Tables 1 & 2, competitors must immediately report to this table after registration. As electronic timing will be used for this event (supplied and operated by Event Timing), two transponders will be issued to each competitor and must be worn on the competitors' wrists during the event. Please show your Swimmer ID to the person at this desk to ensure you are given the correct transponder numbers. **It is the responsibility of the competitors to ensure that these transponders are securely fitted to their wrists.** If you wish to tape the transponder to your wrist, it is your responsibility to provide the tape. (See page 2 for the procedure regarding the return of the transponders.)

Registrations Table 4 - Temporary Tattoos: Located beside the Transponder Table, competitors must immediately report to this table after being issued with transponders to have their temporary tattoo competitor number applied to each shoulder blade, on each upper arm, and on each hand. Please show your competitor number to the people at this table to ensure you are given the correct temporary tattoo number. **Competitors must not apply sunscreen lotion to their arms, hands or back prior to the temporary tattoos being applied as they can only be applied to clean, dry skin.**

NOTE: IF YOU ARE ALSO COMPETING IN THE RELAYS, DO NOT REMOVE YOUR TEMPORARY TATTOO COMPETITOR NUMBER YOU ARE GIVEN FOR THE INDIVIDUAL EVENT/S AS THE SAME COMPETITOR NUMBER WILL ALSO BE APPLICABLE FOR THE RELAYS.

LATE NOMINATIONS

7:00am - 7:30am only (late fee of \$50.00 applicable). Cash will not be accepted for late fees. Clubs will be invoiced post-meet.

RACE START / FINISH

Competitors must allow **at least 10 minutes** to be checked in by the Clerk of the Course at the Start Line checkpoint immediately prior to entering the water (located under the McDonald's marquee on the sand, to the north of the finish tower). At the completion of the event, competitors are to exit the water via the Finish Line checkpoint (see A3 course maps posted around Finish Tower area for location of Finish Line checkpoint), identify themselves, have their accreditation cards returned to them by the Official stationed here, and return their transponders into the grey plastic container located beside the First Aid Attendant's table, who will also be stationed at this location.

FINISHES

- Swimmers must hit the gate to finish.
- Competitors who are in 7.5km events must hit the gate at both the 5km mark and 7.5km mark, otherwise no result will be recorded for the 5km and 7.5km events.

TIME LIMITS - FINA OWS RULE 6.17 & 6.17.1

FINA OWS Rule 6.17 will be applied at these Championships:

OWS 6.17

In all events, time limits shall apply as follows from the finish time of the first swimmers:

15 minutes per 5 Km (or part thereof) up to a maximum time limit of 120 min.

OWS 6.17.1

Competitors who do not finish the course within the time limits "shall be removed from the water except that the Referee may allow a competitor outside the time limit to complete the course but not be eligible for any points or prizes."

Swimsuit By-Law Changes

OWBL7

All Open Water swimsuits shall comply with the FINA approved standards in all respects or comply with CBL15.1.3 (traditional swimwear). Open Water swimwear, for both Men and Women, shall not cover the neck, extend past the shoulder, nor shall extend below the ankle.

Based on this change, age group athletes are now permitted to wear any FINA approved OWS swimwear when competing in open water events. Please note: CBL 15.2 no longer applies to age group athletes competing in OWS events.

RETURN OF TRANSPONDERS

Competitors must return their transponders to the Official when having their names checked off at the Finish Line checkpoint at the finish of their event (see A3 course maps posted around Finish Tower area for location of Finish Line checkpoint). **If a competitor fails to return the transponder/s, they will be liable to reimburse Event Timing at the rate of \$75.00 per transponder for replacement of the missing unit/s.**

TEMPORARY TATTOO REMOVAL STATION

Buckets of water, wipes, Isocol and hand sanitizer will be available in the vicinity of the area where the temporary tattoos are applied for competitors to remove their temporary tattoos post-race.

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WITHDRAWALS

If you withdraw or fail to complete the designated course for any reason, you must report in person to the First Aid attendant at the Finish Line checkpoint (see A3 course maps posted around Finish Tower area for location of Finish Line checkpoint) for examination. After release from the medical area, you must report in person to the Official stationed here to have your accreditation card returned and competitor number recorded. This process is mandatory. Please do not leave the area without reporting to the Official.

Relays

- Relays will consist of 4 swimmers completing a 250m loop (one swimmer at a time) from the beach.
- Swimmer #1 will enter the water and complete the loop before tagging swimmer #2 on the beach.
- This will then happen for swimmers #3 and #4.
- Swimmer #4 will complete the loop and finish by touching the finish gate.
- ONLY swimmer #4 is to wear the timing transponder and this must be worn to receive a time.
- Each swimmer is to wear their club swimming cap.

THE FINAL SWIMMER IN EACH RELAY EVENT NEEDS TO RE-REGISTER FOR THE RELAYS.

THE TEMPORARY TATTOO NUMBERS ALLOCATED FOR THE INDIVIDUAL EVENTS ARE NOT TO BE REMOVED BEFORE COMPETING IN THE RELAY EVENTS.



REGISTRATION, PRE-RACE BRIEF & RACE ORDER/START TIMES

Please listen carefully for when the Chief Referee announces that a pre-race briefing is starting. Pre-race briefs will take place approximately 30 minutes prior to the start of each race.

Event	Registration	Pre-Race Brief	Race Start Time
Men's 5km & 7.5Km race (combined)	6:30am	Approx. 7:30am	Approx. 8:00am
Women's 5km & 7.5km race (combined)	6:30 am	Approx. 7:30 am	Approx. 8:10 am
Boys 2.5km race 15 Years & Over	8:30am	Approx. 9:30am	Approx. 10:00am
Boys 2.5km race 14 Years & Under	8:30 am	Approx. 9:30am	Approx. 10:10am
Girls 2.5km races 15 Years & Over	9:30am	Approx. 10:30am	Approx. 11:00am
Girls 2.5km race 14 Years & Under	9:30am	Approx. 10:30am	Approx. 11:10am
Boys 1.25km race 12 & 13 Years	10:30 am	Approx. 11:30 am	Approx. 12:00noon
Boys 1.25km race 11 Years	10:30am	Approx. 11:30 am	Approx. 12:10pm
Girls 1.25km race 12 & 13 Years	11:15am	Approx. 12:15pm	Approx. 12:45pm
Girls 1.25km race 11 Years	11:15am	Approx. 12:15pm	Approx. 12:55pm
Boys 500m race 10 & 11 Years	12:00noon	Approx. 1:00pm	Approx. 1:30pm
Girls 500m race 10 & 11 Years	12:00noon	Approx. 1:00pm	Approx. 1:45pm
Mixed Relay race 15 years & Over	12:30pm	Approx. 1:30pm	Approx. 2:00pm
Mixed Relay race 10 to 14 Years	12:30pm	Approx. 1:30pm	Approx. 2:15pm

CAP COLOURS & NUMBERS

Boys

7.5km	14	Orange	61 - 74
5km	60	Red	1 - 60
2.5km 15 Years & Over	52	Orange	130 - 181
2.5km 14 Years & Under	42	Red	182 - 223
1.25km 12 & 13 Years	44	Orange	333 - 375
1.25km 11 Years	23	Red	376 - 398
500m 10 & 11 Years	35	Red	482 - 515

Girls

7.5km	18	Yellow	112 - 129
5km	36	Pink	75 - 111
2.5km 15 Years & Over	44	Yellow	224 - 267
2.5km 14 Years & Under	65	Pink	268 - 332
1.25km 12 & 13 Years	52	Yellow	399 - 448
1.25km 11 Years	33	Pink	449 - 481
500m 10 & 11 Years	28	Pink	516 - 541

Mixed Relays

15 Years & Over	14	Club Cap
10 to 14 Years	25	Club Cap

FEEDING STATION

The location of the feeding station for the 7.5km competitors will be announced at the pre-race briefing. There will be no feeding station for the 5km competitors.

MEDALS

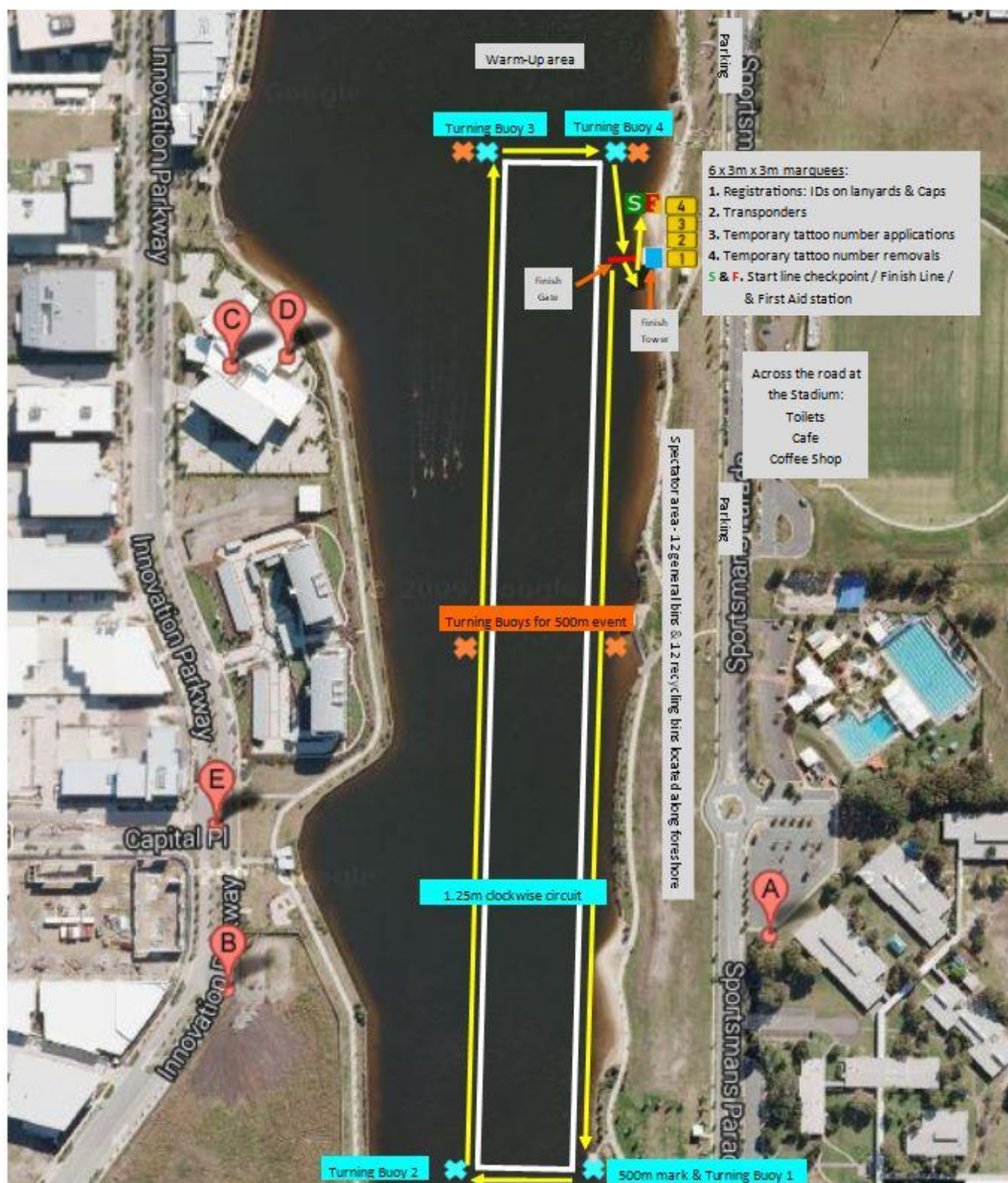
Medals will be awarded in the following age categories:

- **500m** 10yrs, 11yrs
- **1.25km** 11yrs, 12yrs, 13yrs
- **2.5km** 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over
- **5km** 13yrs, 14yrs, 15yrs, 16yrs, 17yrs, 18yrs, Open
- **7.5km** 15yrs, 16yrs, 17yrs, 18yrs, Open
- **Relays 4x250m** 10-14yrs, 15yrs & Over

Medal Presentations for all age groups will be conducted as soon as possible after the conclusion of each event.

COURSE INFORMATION

The event will be conducted on a 1.25km course, on the eastern side of Lake Kawana (except for the 500m event, which will have a turning buoy halfway along the first leg of the course). The course is to be swum in a clockwise direction. The compact course size allows for a more concentrated approach to water safety. The Finish Line checkpoint will be on the sandy foreshore to the right of the Finish Tower.



SAFETY

1. A3 copies of the course maps for both the individual events and the relays will be displayed on site, in the area of the Finish Tower.
2. A pre-race briefing will be held for all coaches, competitors and water rescue escort personnel (see page 4 for times).
3. Water safety escort personnel will be on course in a combination of water safety craft: IRBs (fitted with propeller guards), surf skis and paddle/rescue boards. Individual escort craft are not permitted.
4. A First Aid Officer will be located under the McDonald's marquee at the Finish Line checkpoint (see map on previous page and the A3 course maps posted around Finish Tower area for location of Finish Line checkpoint) to provide basic first aid cover.
5. Competitors who become distressed during the race must raise their hand to attract the attention of safety officials.
6. Emergency procedures will take effect immediately in the event of a major incident.
7. The Meet Manager has the authority to call off the event prior to the start or during the event if inclement weather, fog, heavy winds, or any other conditions adversely affect the safety of the swimmers.
8. The local hospital, Qld Ambulance Service, and police station have been notified of the event.
9. A Public Notice appeared in the Sunshine Coast Daily on Saturday, 14 September re the closure of the lake (from the 500m mark to the Finish Tower end) to all users between 5.30am and 5:00pm on the day of the event.

