



2014 John Paul College Aquatics 5th Annual A-Grade Short Course Swim Meet

John Paul College

DATE: SATURDAY, 5th July 2014

VENUE: STEPHEN PAUL AQUATIC CENTRE, JOHN PAUL COLLEGE, JOHN PAUL DRIVE,
DAISY HILL, QLD 4127 (*Brisway* street directory, page 602, L6)

Entrance is from the Markwell car park where ample car parking is available. Additional parking is available on John Paul Drive.



25 m 10-lane heated swimming pool.
2 m constant depth.

Two grandstands with total seating capacity of
370 spectators.

COMMENCEMENT: Competition - 9.00 am, Warm-up - 8.00 am.

MEET CONDITIONS: All SQ General Rules apply for an 'A' Grade Qualifying Meet - rule tolerances will NOT apply for any events.

Minimum age of competitors is **8 years** on the first day of competition: **Saturday, 5th July, 2014.**

The minimum age for Open Events is **10 years**.

Times will be recognised as official qualifying times for all meets: National, State and Regional.

Multi-Class: Multi-disability **entries** will be accepted in any event.

ELIGIBILITY: The meet is open to swimmers registered with Swimming Queensland.

Entries from other States will be accepted with clearance from that State swimming body.

NOMINATIONS: Electronic nominations including your club's entry fees report are to be submitted by clubs Race Secretaries to **Len Sterlin** by e-mailing to lsterlin@jpc.qld.edu.au.

Please note: Paper nominations, manual nominations will not be accepted under any circumstances.

Clubs who do not have Team Manager For Swimming are advised to download a light version of the software by visiting Hy-Tek Ltd. website at:

http://www.hy-tek.com/Demos/Swim_TEAM_MANAGER_Lite.exe

NOMINATION FEES: **\$6.00** per individual event and **\$10.00** per relay event. Nomination fees are payable by direct deposit to JPC Aquatics bank account or by cheque made out to **JPC Aquatics** and must be sent to: JPC Aquatics, John Paul College, John Paul Drive, Daisy Hill, Qld.4127.

Banking details for direct deposits:

Account Name: John Paul College Friends Of Aquatics

BSB: **064170** (Commonwealth Bank)

Account number: **10451327**

Reference: **"Your Club Name"**

All payments must be received by Friday, 27th June 2014. **Unpaid nominations will not be accepted.**

CLOSING DATE: Nominations will close on **Monday, 23rd June 2014 at 11.59 pm.** unless filled prior.

Total number of nominations may be **limited** at the discretion of the Meet Directors to fit with SQ time guidelines.

NO LATE NOMINATIONS WILL BE ACCEPTED

RELAY EVENTS:

Events 23 Boys & 24 Girls -

The Freestyle Relay team must have one (1) swimmer from each of the following age groups: 8 years, 9 years, 10 years and 11 years.

Event 82 Mixed Open Freestyle Relay must have two (2) male and two (2) female competitors of any age group.

AWARDS:

Individual awards: Individual medals will be awarded as per attached program of events.

Events medals will not be awarded if there will be THREE or less competitors in an age group.

Age Champions in each age group will be determined by highest point score that swimmers accumulate by competing in their nominated events.

Team awards: JPC Aquatics Qualifying Meet is both individual and team competition and team point score system will be used. Winning club will be determined by the combined individual points of its team members.

Winning club will receive Nicole Cooper Memorial Trophy and a prize introduced by the meet sponsors.

OTHER CONDITIONS:

Pool entrance: \$3 for spectators. Competitors and Coaches are free.

Meet programs cost: Programs cost \$4 and will be available for all guests at the pool entrance. In addition there will be lucky program draw for a chance to win a prize.

Raffle draws: Raffle tickets will be available for purchase at the pool entrance.

Timekeeping: Each participating club must provide timekeepers according to the roster determined by the Meet Directors. All timekeepers will be entered in to the draw for their chance to win gift vouchers (1st prize is \$50, 2nd prize is \$30, 3rd prize is \$20) and will be provided with complementary refreshments.

Lane allocation: The Stephen Paul Aquatic Centre is 10-lane 25m pool. The heats will be run in eight lanes. TWO lanes (lanes 9 and 10) will be available to the swimmers for warm-up and swim-down only (no dive starts will be allowed). These lanes will be supervised.

All lanes will be available for warm-up during lunch break.

Food & drinks: JPC Aquatics will be operating a BBQ and food kiosk where refreshment drinks will be available including coffee.

Coaches: All attending coaches will receive complimentary program and meals.

Program amendments: Events/heats may be combined or amended at the discretion of the Meet Directors and Referee.

Time line: This will be available three days prior to the meet.

Lunch break: This will be advised three days prior to the meet.




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Junior Session Program of Events

Event No.	Gender	Age	Distance	Stroke
1.	Male	11 Years & Under	100 Metres	Ind. Medley
2.	Female	11 Years & Under	100 Metres	Ind. Medley
3.	Male	8 Years	50 Metres	Freestyle
4.	Female	8 Years	50 Metres	Freestyle
5.	Male	11 Years	50 Metres	Freestyle
6.	Female	11 Years	50 Metres	Freestyle
7.	Male	10 Years	50 Metres	Freestyle
8.	Female	10 Years	50 Metres	Freestyle
9.	Male	9 Years	50 Metres	Freestyle
10.	Female	9 Years	50 Metres	Freestyle
11.	Male	11 Years & Under	100 Metres	Backstroke
12.	Female	11 Years & Under	100 Metres	Backstroke
13.	Male	8 Years	50 Metres	Breaststroke
14.	Female	8 Years	50 Metres	Breaststroke
15.	Male	11 Years	50 Metres	Breaststroke
16.	Female	11 Years	50 Metres	Breaststroke
17.	Male	10 Years	50 Metres	Breaststroke
18.	Female	10 Years	50 Metres	Breaststroke
19.	Male	9 Years	50 Metres	Breaststroke
20.	Female	9 Years	50 Metres	Breaststroke
21.	Male	11 Years & Under	100 Metres	Butterfly
22.	Female	11 Years & Under	100 Metres	Butterfly
23.	Male	11 Years & Under	4x50 Metres	Freestyle Relay
24.	Female	11 Years & Under	4x50 Metres	Freestyle Relay
25.	Male	8 Years	50 Metres	Backstroke
26.	Female	8 Years	50 Metres	Backstroke
27.	Male	11 Years	50 Metres	Backstroke
28.	Female	11 Years	50 Metres	Backstroke
29.	Male	10 Years	50 Metres	Backstroke
30.	Female	10 years	50 Metres	Backstroke
31.	Male	9 Years	50 Metres	Backstroke
32.	Female	9 Years	50 Metres	Backstroke
33.	Male	11 Years & Under	100 Metres	Freestyle
34.	Female	11 Years & Under	100 Metres	Freestyle
35.	Male	8 Years	50 Metres	Butterfly
36.	Female	8 Years	50 Metres	Butterfly
37.	Male	11 Years	50 Metres	Butterfly
38.	Female	11 Years	50 Metres	Butterfly
39.	Male	10 Years	50 Metres	Butterfly
40.	Female	10 Years	50 Metres	Butterfly
41.	Male	9 Years	50 Metres	Butterfly
42.	Female	9 Years	50 Metres	Butterfly
43.	Male	11 Years & Under	100 Metres	Breaststroke
44.	Female	11 Years & Under	100 Metres	Breaststroke
45.	Male	10 & 11 Years	200 Metres	Freestyle
46.	Female	10 & 11 Years	200 Metres	Freestyle

Individual medals for the Junior Session will be awarded as follows:-




-  **50 Metre Events – Fastest 3 Placegetters in each Event**
-  **100 Metres Events – Fastest 3 Placegetters in each Age Group**
[8 Years, 9 years, 10 Years, 11 Years]

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Senior Session Program of Events

Event No.	Gender	Age	Distance	Stroke
47.	Male	11 – 13 Years	800 Metres	Freestyle
48.	Female	Open	800 Metres	Freestyle
49.	Male	12 Years & Over	100 Metres	Ind. Medley
50.	Female	12 Years & Over	100 Metres	Ind. Medley
51.	Male	Open	200 Metres	Breaststroke
52.	Female	Open	200 Metres	Breaststroke
53.	Male	12 Years & Over	100 Metres	Breaststroke
54.	Female	12 Years & Over	100 Metres	Breaststroke
55.	Male	12 Years & Over	50 Metres	Freestyle
56.	Female	12 Years & Over	50 Metres	Freestyle
57.	Male	Open	200 Metres	Backstroke
58.	Female	Open	200 Metres	Backstroke
59.	Male	Open	200 Metres	Butterfly
60.	Female	Open	200 Metres	Butterfly
61.	Male	12 Years & Over	100 Metres	Freestyle
62.	Female	12 Years & Over	100 Metres	Freestyle
63.	Male	12 Years & Over	50 Metres	Backstroke
64.	Female	12 Years & Over	50 Metres	Backstroke
65.	Male	Open	200 Metres	Ind. Medley
66.	Female	Open	200 Metres	Ind. Medley
67.	Male	12 Years & Over	100 Metres	Backstroke
68.	Female	12 Years & Over	100 Metres	Backstroke
69.	Male	Open	400 Metres	Freestyle
70.	Female	Open	400 Metres	Freestyle
71.	Male	12 Years & Over	50 Metres	Butterfly
72.	Female	12 Years & Over	50 Metres	Butterfly
73.	Male	Open	200 Metres	Freestyle
74.	Female	Open	200 Metres	Freestyle
75.	Male	12 Years & Over	100 Metres	Butterfly
76.	Female	12 Years & Over	100 Metres	Butterfly
77.	Male	12 Years & Over	50 Metres	Breaststroke
78.	Female	12 Years & Over	50 Metres	Breaststroke
79.	Male	Open	400 Metres	Ind. Medley
80.	Female	Open	400 Metres	Ind. Medley
81.	Male	Open	1500 Metres	Freestyle
82.	Mixed	Open	4x100 Metres	Freestyle Relay

Individual medals for the Senior Session will be awarded as follows:-

-  **50 Metre Events – Fastest 3 Placegetters in each Event**
-  **100 Metres Events – Fastest 3 Placegetters in each Age Group**
[12 Years, 13 years, 14 Years, 15 Years, 16 years & Over]
-  **Open Events – (200M, 400M, 800M, 1500M) – Fastest 3 Placegetters in each Event**