

2016 John Paul College Aquatics 7th Annual A-Grade Short Course Swim Meet

DATE: **SATURDAY, 11th June 2016**

VENUE: STEPHEN PAUL AQUATIC CENTRE, JOHN PAUL COLLEGE, JOHN PAUL DRIVE,
DAISY HILL, QLD 4127 (Brisway street directory, page 602, L6)

Entrance is from the Markwell car park where ample car parking is available. Additional parking is available on John Paul Drive.



25 m 10-lane heated swimming pool.
2 m constant depth.

Two grandstands with total seating capacity of
370 spectators.

COMMENCEMENT: Competition - 9.00 am, Warm-up - 8.00 am.

MEET CONDITIONS: All SQ General Rules apply for an 'A' Grade Qualifying Meet - rule tolerances will NOT apply for any events.

Minimum age of competitors is **8 years** on the first day of competition: **Sunday, 11th June, 2016.**

The minimum age for Open Events is **10 years**.

Times will be recognized as official short course qualifying times for all meets: National, State, Regional.

Multi-Class: Multi-disability **entries** will be accepted in any event.

ELIGIBILITY: The meet is open to swimmers registered with Swimming Queensland.

Entries from other States will be accepted with clearance from that State swimming body.

NOMINATIONS: Electronic nominations including your club's entry fees report are to be submitted by clubs Race Secretaries to **Len Sterlin** by e-mailing to lsterlin@jpc.qld.edu.au .

Please note: Paper nominations, manual nominations will not be accepted under any circumstances.

Clubs who do not have Team Manager For Swimming are advised to download a light version of the software by visiting Hy-Tek Ltd. website at:

http://www.hy-tek.com/Demos/Swim_TEAM_MANAGER_Lite.exe

NOMINATION FEES: **\$7.50** per individual event and **\$15.00** per relay event. Nomination fees are payable by direct deposit to JPC Aquatics bank account or by cheque made out to **JPC Aquatics** and must be sent to: JPC Aquatics, John Paul College, John Paul Drive, Daisy Hill, Qld.4127.

Banking details for direct deposits:

Account Name: John Paul College Friends Of Aquatics

BSB: **064170** (Commonwealth Bank)

Account number: **10451327**

Reference: **"Your Club Name"**

All payments must be received by Wednesday, 8th June 2016. **Unpaid nominations will not be accepted.**

CLOSING DATE: Nominations will close on **Sunday, 29th May 2016 at 11.59 pm.** unless filled prior.

Total number of nominations may be **limited** at the discretion of the Meet Directors to fit with SQ time guidelines.

NO LATE NOMINATIONS WILL BE ACCEPTED

FREESTYLE RELAY EVENTS:

Events 11 Junior Open Boys & 12 Junior Open Girls -

Participating clubs can nominate any number of relay teams consisting of 8 y.o. to 11 y.o. swimmers.

Event 82 Mixed Open Freestyle Relay must have two (2) male and two (2) female competitors of any age group.

AWARDS:

Individual awards: Gold, Silver and Bronze Individual medals will be awarded to Three **(3) Fastest Males and Females Placegetters** in ALL Junior Session events in the following age groups: 8 years, 9 years, 10 years, 11 years.

Gold, Silver and Bronze Individual medals will be awarded to Three **(3) Fastest Males and Females Placegetters in ALL 50m and 100m events** of the Senior Session events in the following age groups: 12 years, 13 years, 14 years, 15 years and 16 years & over.

Gold, Silver and Bronze Individual medals will be awarded to Three **(3) Fastest Males and Females Placegetters in ALL 200m, 400m, 800m and 1500m events.**

Team awards: JPC Aquatics Qualifying Meet is both individual and team competition and team point score system will be used. Winning club will be determined by the combined individual points of its team members.

Winning club will receive a prize introduced by the meet sponsors.

OTHER CONDITIONS:

Pool entrance: \$2 for spectators. Competitors and Coaches are free.

Programs: Electronic copies of the Program will be e-mailed to the participating clubs. Very limited number of printed programs will be available for \$5 at the pool entrance.

Raffle draws: Raffle tickets will be available for purchase at the pool entrance.

Timekeeping: Each participating club must provide timekeepers according to the roster determined by the Meet Directors. All timekeepers will be entered in to the draw for their chance to win gift vouchers (1st prize is \$50, 2nd prize is \$30, 3rd prize is \$20) and will be provided with complementary refreshments.

Lane allocation: The Stephen Paul Aquatic Centre is 10-lane 25m pool. The heats will be run in eight lanes. TWO lanes (lanes 9 and 10) will be available to the swimmers for warm-up and swim-down only (no dive starts will be allowed). These lanes will be supervised.

All lanes will be available for warm-up during lunch break.

Food & drinks: JPC Aquatics will be operating a BBQ and food kiosk where refreshment drinks will be available including coffee.

Coaches: All attending coaches will receive meal vouchers.

Program amendments: Events/heats may be combined or amended at the discretion of the Meet Directors and Referee.

Time line: This will be available on Thursday, 9th June 2016.

Lunch break: This will be advised on a day of the meet.

Junior Session Program of Events

Event No.	Gender	Age	Distance	Stroke
1.	Male	11 Years & Under	100 Metres	Ind. Medley
2.	Female	11 Years & Under	100 Metres	Ind. Medley
3.	Male	11 Years & Under	50 Metres	Freestyle
4.	Female	11 Years & Under	50 Metres	Freestyle
5.	Male	11 Years & Under	100 Metres	Backstroke
6.	Female	11 Years & Under	100 Metres	Backstroke
7.	Male	11 Years & Under	50 Metres	Breaststroke
8.	Female	11 Years & Under	50 Metres	Breaststroke
9.	Male	11 Years & Under	100 Metres	Butterfly
10.	Female	11 Years & Under	100 Metres	Butterfly
11.	Male	Open Junior 8-11 years	4x50 Metres	Freestyle Relay
12.	Female	Open Junior 8-11 years	4x50 Metres	Freestyle Relay
13.	Male	11 Years & Under	50 Metres	Backstroke
14.	Female	11 Years & Under	50 Metres	Backstroke
15.	Male	11 Years & Under	100 Metres	Freestyle
16.	Female	11 Years & Under	100 Metres	Freestyle
17.	Male	11 Years & Under	50 Metres	Butterfly
18.	Female	11 Years & Under	50 Metres	Butterfly
19.	Male	11 Years & Under	100 Metres	Breaststroke
20.	Female	11 Years & Under	100 Metres	Breaststroke



Senior Session Program of Events

Event No.	Gender	Age	Distance	Stroke
21.	Male	11 – 13 Years	800 Metres	Freestyle
22.	Female	Open	800 Metres	Freestyle
23.	Male	12 Years & Over	100 Metres	Ind. Medley
24.	Female	12 Years & Over	100 Metres	Ind. Medley
25.	Male	Open	200 Metres	Freestyle
26.	Female	Open	200 Metres	Freestyle
27.	Male	12 Years & Over	100 Metres	Breaststroke
28.	Female	12 Years & Over	100 Metres	Breaststroke
29.	Male	12 Years & Over	50 Metres	Freestyle
30.	Female	12 Years & Over	50 Metres	Freestyle
31.	Male	Open	200 Metres	Backstroke
32.	Female	Open	200 Metres	Backstroke
33.	Male	Open	200 Metres	Butterfly
34.	Female	Open	200 Metres	Butterfly
35.	Male	12 Years & Over	100 Metres	Freestyle
36.	Female	12 Years & Over	100 Metres	Freestyle
37.	Male	12 Years & Over	50 Metres	Backstroke
38.	Female	12 Years & Over	50 Metres	Backstroke
39.	Male	Open	200 Metres	Ind. Medley
40.	Female	Open	200 Metres	Ind. Medley
41.	Male	12 Years & Over	100 Metres	Backstroke
42.	Female	12 Years & Over	100 Metres	Backstroke
43.	Male	Open	400 Metres	Freestyle
44.	Female	Open	400 Metres	Freestyle
45.	Male	12 Years & Over	50 Metres	Butterfly
46.	Female	12 Years & Over	50 Metres	Butterfly
47.	Male	Open	200 Metres	Breaststroke
48.	Female	Open	200 Metres	Breaststroke
49.	Male	12 Years & Over	100 Metres	Butterfly
50.	Female	12 Years & Over	100 Metres	Butterfly
51.	Male	12 Years & Over	50 Metres	Breaststroke
52.	Female	12 Years & Over	50 Metres	Breaststroke
53.	Male	Open	400 Metres	Ind. Medley
54.	Female	Open	400 Metres	Ind. Medley
55.	Male	Open	1500 Metres	Freestyle
56.	Mixed	Open	4x100 Metres	Freestyle Relay