



2019 COMMERCIAL LONG COURSE SPRINT PREPARATION MEET

THIS MEET HAS BEEN SANCTIONED BY BRISBANE SWIMMING AND TIMES SWUM WILL BE RECOGNISED AS OFFICIAL QUALIFYING TIMES FOR BRISBANE, QUEENSLAND AND AUSTRALIAN CHAMPIONSHIPS.

DETAILS

Date	Saturday 19 th January 2019		
Venue	Marist College Ashgrove Glenlyon Drive Ashgrove		
Time	Gates Open 7:00 am Seniors Warm-up 7:30 am Seniors Competition 8:30 am		Juniors Warm-up TBA Juniors Competition TBA
Age	Age as at 19 th January 2019		
Eligibility	Entry is open to all Swimming Queensland ‘Competitive’ registered swimmers, who are members of the following clubs that are allocated to the meet: Algerster, Ambrose Treacy, Ashgrove, Ashgrove Tridents, Bellbowrie, Brisbane Grammar, Centenary Dolphins, Clayfield, Clayfield Aquatics, Commercial, CYMS St Edmunds, Graceville, Indooroopilly, Ipswich Grammar, Ipswich Vikings, Jamboree Heights, Karalee, Lakes, Lowood, MCA, Milton Marlins, Newmarket Racers, Nudgee College, Oxley, Rackley (Central) Railways, Rosewood, St Peters Western, Waterworx, West Brisbane, West End, Western Aquatics, Wilston, Woogaroo also any club which fall within the Darling Downs Region. Minimum age is 8 years.		
Events	As per the attached Program of Events. All events to be swum as Timed Finals. The Technical Manager, in consultation with the Referee, reserves the right to combine heats on the day.		
Awards	Medals will be awarded to the three fastest swimmers in the age groups as follows: 8 years, 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 14 years and 15 years & over.		
Entries	All events nominations can be made through the ClubLANE online meet entry system here . Online entries close on Tuesday 8 January 2019		
Nominations	\$6.00 per event (Plus a credit/debit card processing fee of 1.5%)		
Pool admission	Spectators: \$5.00	Program: \$3.00	
	Swimmers: Free	Coaches: Free	
Timing	Club are required to provide timekeepers on the day.		
Rules	This meet will be conducted under SQ/SAL Rules. One start rule will apply. Feet first entry will apply in all Backstroke events. No rule tolerance will apply.		

FOR MORE INFORMATION AND PAYMENTS

Please contact Peter Crane 0418 763 921 or peter_crane@biapond.com



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Warm Up: 7:30am		Seniors	Stroke	Competition: 8:30am
BOYS		AGE	EVENT	GIRLS
Warm Up: TBA		Juniors	Competition: TBA	Warm Up: TBA
1	12 Years & Over	50m Butterfly	2	
3	12 Years & Over	50m Backstroke	4	
5	12 Years & Over	50m Breaststroke	6	
7	12 Years & Over	50m Freestyle	8	

BOYS		AGE	EVENT	GIRLS
Event No.	Age	Stroke	Event No.	
9	8 Years to 11 Years	50m Butterfly	10	
11	8 Years to 11 Years	50m Backstroke	12	
13	8 Years to 11 Years	50m Breaststroke	14	
15	8 Years to 11 Years	50m Freestyle	16	

Medals: 50m events: 8, 9, 10, 11, 12, 13, 14 and 15 years & over

We look forward to an exciting days racing and welcome you to our club

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