



You are invited to attend the

ACACIA BAYSIDE LONG COURSE PREPARATION MEET

This meet is sanctioned by Brisbane Swimming Association and Queensland Swimming and times swum will be recognised as Qualifying Times

DATE	Saturday 24 th November 2018
VENUE	Moreton Bay Aquatic Centre Moreton Bay College Hargreaves Rd, Manly West
GATES OPEN	No earlier than 10.45am
ENTRY FEE	Spectators \$3 (swimmers free)
PROGRAMMES	\$6
TIME	Junior Session (8-11 yr olds) Warm up commences 11am Competition commences 11.45am Senior Session (12 yrs and over) Warm up commences 2.15pm (to be confirmed after entries close) Competition commences 3pm
NOMINATION FEES	\$7.50 per event
ENTRIES	All entries are to be entered online via Clublane. Online entries CLICK HERE

TM & Manual entries must be submitted by the club's Race Secretary using official TM entry file or Manual Entry form to carnival@acaciabaysideswimming.com.au

Entry payment must be received by Mon 19th November 2018 to be included in the program. Late entries will only be taken if there are spare lanes. Late entry fee \$10 per event.

ONLINE ENTRIES WILL CLOSE Tuesday, 13th November 2018.

Entry is open to all Swimming Queensland "competitive" registered swimmers who are a member of the following clubs that are allocated to the meet:

Algester, Churchie, Elements, Greenbank Gators, Griffith Sport, Holland Park, Hurricane Stars, Logan Vikings, Logan West, Rackley (South)*, Redlands, Sheldon, Southside Aquatics, Sunnybank, Wellington Point.



AGE	As at 24 th November 2018 (minimum age is 8 years)
EVENTS	<p>As per the attached Programme of Events. All events will be swum as timed finals. The meet referee reserves the right to combine heats on the day. The minimum age for Open events is 11 years.</p> <p>Multi-disability entries will be integrated into able bodies events.</p>
MEDALS	<p>Medals will be awarded for the fastest three place getters in each age group (8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and 17yrs & over.</p> <p>Open Events – fastest three place getters in each event.</p>
PAYMENT	<p>TM & Manual entries – EFT is our preferred method Acacia Bayside Swimming Club BSB 084 004 Account No. 1800 10133 Reference: "CLUB NAME" LC Noms</p> <p>Cheque to be forwarded and made payable to: Acacia Bayside Swimming Club Inc. PO BOX 4039 Gumdale QLD 4154</p>
COACH PACK	Each participating club will receive a Coach's pack including a program, meal and drink voucher.
TIMEKEEPING	All clubs competing will be required to supply timekeepers during the day based on the number of nominated swimmers in each session
BBQ & RAFFLE	BBQ and canteen will be available throughout the day. Great prizes to be won in our raffle.
CONDITIONS OF ENTRY	<ul style="list-style-type: none">• Visitors to Moreton Bay College must comply with the rules of the College.• Entry via Hargreaves Road only (P&F carpark)• No smoking within the College grounds• No consumption of alcohol within the College grounds• Dogs are not permitted on the College grounds

For further information please contact carnival@acaciabaysideswimming.com.au
We look forward to welcoming you to our carnival



PROGRAM OF EVENTS ACACIA BAYSIDE LONG COURSE PREPARATION MEET SATURDAY 24TH NOVEMBER 2018

SESSION 1 (8-11 yr olds)

11am Warm up

11.45am Competition Commences

GIRLS	BOYS	AGE	EVENT
1	2	11 yrs	200 Individual Medley
3	4	8-11 yrs	50 Freestyle
5	6	9-11 yrs	100 Backstroke
7	8	8-11 yrs	50 Breaststroke
9	10	9-11 yrs	100 Butterfly
11	12	8-11 yrs	50 Backstroke
13	14	9-11 yrs	100 Breaststroke
15	16	8-11 yrs	50 Butterfly
17	18	8-11 yrs	100 Freestyle

SESSION 2 (12 yrs +)

2.15pm Warm up

3pm Competition Commences

GIRLS	BOYS	AGE	EVENT
19	20	Open	400 Freestyle
21	22	12 yrs and over	100 Breaststroke
23	24	Open	200 Backstroke
25	26	12 yrs and over	50 Butterfly
27	28	Open	200 Individual Medley
29	30	12 yrs and over	100 Freestyle
31	32	Open	200 Breaststroke
33	34	12 yrs and over	50 Backstroke
35	36	12 yrs and over	100 Butterfly
37	38	Open	400 Individual Medley
39	40	Open	200 Freestyle
41	42	12 yrs and over	50 Breaststroke
43	44	12 yrs and over	100 Backstroke
45	46	Open	200 Butterfly
47	48	12 yrs and over	50 Freestyle
49	50	Open	800 Freestyle
51	52	Open	1500 freestyle