



2015 BRISBANE OPEN WATER SWIMMING MEET LAKE KAWANA SATURDAY, 3 OCTOBER 2015

IMPORTANT INFORMATION

EVENT LOCATION

The event will be conducted on the eastern side of Lake Kawana near the finish tower, off Sportsman's Drive, across the road from Stockland Park precinct.

TOILETS

Toilets are available for our use in the Stockland Park Stadium across the road (ground floor, left-front corner of Stadium). Please note that there will be an Ink Cleaning Station provided near the finish tower and the toilets must not be used for washing off inked numbers.

FOOD & DRINKS

The Stadium café across the road will be open for your convenience, offering a range of food and drinks. A copy of the menu is contained in the Program.

LITTER

Please ensure all litter is placed into the bins provided as Brisbane Swimming is held accountable for the cleanliness of the lake grounds, the stadium toilets and the stadium area post-meet.

PRE-RACE PROCEDURES

It is the responsibility of competitors to arrive promptly at the registration times (listed on page 2) to allow sufficient time for the following three procedures. **Starts will not be delayed for swimmers who are late.**

- 1. Registrations Table:** Located on the concrete apron in front of the Finish Tower, competitors must present for registration wearing the swimsuits in which they will be competing so that they can be checked for compliance (see page 2 for swimsuit by-laws). Competitors will then be issued with their accreditation card, competitor-numbered caps and will also be checked to ensure that no jewellery (including ear and facial piercings) is worn and that fingernails and toenails are cut short. Free programs will be available from here.
- 2. Transponder Table:** Located beside the Registrations Table, competitors must immediately report to this table after registration. As electronic timing will be used for this event (supplied and operated by Event Timing), two transponders will be issued to each competitor and must be worn on the competitor's wrists during the event. **It is the responsibility of the competitors to ensure that these transponders are securely fitted to their wrists.** If you wish to tape the transponder to your wrist, it is your responsibility to provide the tape. (See page 2 for the procedure regarding the return of the transponders.)
- 3. Number Stamping Table:** Located beside the Transponder Table, competitors must immediately report to this table after being issued with transponders to have their competitor numbers stamped on each shoulder blade, on each upper arm, and on each hand. Competitors must not apply sunscreen lotion to their arms, hands or back prior to competitor numbering being applied as the ink can only be applied to clean, dry skin. Care should be taken when applying sunscreen after stamping to ensure that the competitor numbers remain legible.

LATE NOMINATIONS

7:00am - 7:30am only (late fee of \$50.00 applicable)

Cash will not be accepted for late fees. Clubs will be invoiced post-Championship.

RACE START

Competitors must allow **at least 10 minutes** to be checked in by the Clerk of the Course at the checkpoint immediately prior to entering the water for the start (the checkpoint will be located under the McDonald's marquees on the sand, where the First Aid attendant will be stationed). At the completion of the event, competitors are to exit through this same checkpoint, have their accreditation card returned, and return their transponders to the Clerk of the Course (a container will be provided for this purpose beside the First Aid attendant's table).

FINISHES

- Swimmers must hit the gate to finish.
- Competitors who have nominated for both the 5km and 10km events must hit the gate at the 5km mark otherwise no result will be recorded for the 5km event.

TIME LIMITS - FINA OWS RULE 6.17 & 6.17.1

FINA OWS Rule 6.17 will be applied at these Championships:

OWS 6.17

In all events, time limits shall apply as follows from the finish time of the first swimmers:

15 minutes per 5 Km (or part thereof) up to a maximum time limit of 120 min.-

OWS 6.17.1

Competitors who do not finish the course within the time limits "shall be removed from the water except that the Referee may allow a competitor outside the time limit to complete the course but not be eligible for any points or prizes."

Swimsuit By-Law Changes

OWBL7

All Open Water swimsuits shall comply with the FINA approved standards in all respects or comply with CBL15.1.3 (traditional swimwear). Open Water swimwear, for both Men and Women, shall not cover the neck, extend past the shoulder, nor shall extend below the ankle.

Based on this change, age group athletes are now permitted to wear any FINA approved OWS swimwear when competing in open water events. Please note: CBL 15.2 no longer applies to age group athletes competing in OWS events.

RETURN OF TRANSPONDERS

Competitors must return their transponders to the Clerk of the Course when having their names checked off at the checkpoint at the finish of their event (the checkpoint will be located under the McDonald's marquee on the sand, where the First Aid attendant will be stationed). **If a competitor fails to return the transponder/s, they will be liable to reimburse Event Timing at the rate of \$75.00 per transponder for replacement of the missing unit/s.**

INK CLEANING TABLE

Competitors may remove their inked numbers at the Ink Cleaning Station which will be set up under the McDonald's marquee to the right of the Finish Tower. **Under no circumstances is this permitted to be done in the Stockland Park Stadium toilets.**

WITHDRAWALS

If you withdraw or fail to complete the designated course for any reason, you must report in person to the First Aid attendant for examination. After release from the medical area, you must report in person to the Clerk of the Course to have your accreditation card returned and competitor number recorded. This process is mandatory. Please do not leave the area without reporting to the Clerk of the Course.

REGISTRATION, PRE-RACE BRIEF & RACE ORDER/START TIMES

Please listen carefully for when the Chief Referee announces that a pre-race briefing is starting. Pre-race briefs will take place approximately 30 minutes prior to the start of each race.

Event	Registration	Pre-Race Brief	Race Start Time
Women's 5km & 10km races (combined)	7:00am	Approx 8:00am	Approx 8:30am
Men's 5km & 10km races (combined)	9:30am	Approx 10:30am	Approx 11:00am
Boys' 1.25km race	12:00noon	Approx 1:00pm	Approx 1:30pm
Girls' 1.25km race	12:00noon	Approx 1:00pm	Approx 1:40pm
Men's 2.5km race	1:00pm	Approx 2:00pm	Approx 2:30pm
Women's 2.5Km race	1:00pm	Approx 2:00pm	Approx 2:40pm

CAP COLOURS & NUMBERS

Boys

10km & 5km combined	7 swimmers	Orange	81 - 87
5km	38 Swimmers	Yellow	1 - 45
1.25km	42 Swimmers	Yellow	1 - 42
2.5km	41 Swimmers	Yellow	1 - 51

Girls

10km & 5km combined	9 Swimmers	Green	81 - 89
5km	45 Swimmers	Pink	1 - 54
1.25km	57 Swimmers	Pink	1 - 60
2.5km	69 Swimmers	Pink	1 - 69

FEEDING STATION

A feeding station for 10km competitors is on the course map and will be announced at the pre-race briefing. There will be no feeding station for the 5km competitors.

MEDALS

As this is a Brisbane Swimming Association Meet, visitors' medals will be awarded to swimmers outside of the Brisbane Region, and also non-Australian citizens.

Medals will be awarded in the following age categories:

- **1.25km** 10yrs, 11yrs, 12yrs, 13yrs
- **2.5km** 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over
- **5km** 13yrs, 14yrs, 15yrs, 16yrs, 17/18yrs, Open
- **10km** 14yrs, 15yrs, 16yrs, 17/18yrs, Open

Medal Presentations for all age groups will be conducted as soon as possible after the conclusion of each event.

COURSE INFORMATION

The event will be conducted on a 1.25km course, on the eastern side of Lake Kawana. The course is to be swum in a clockwise direction. The smaller course size also allows for a more concentrated approach to water safety.



SAFETY

1. A3 copies of the course map will be displayed on site.
2. A pre-race briefing will be held for all coaches, competitors and water rescue escort personnel (see page 3 for times).
3. Water safety escort personnel will be on course in a combination of water safety craft: IRBs (fitted with propeller guards), jet ski, surf skis and paddle/rescue boards. Individual escort craft are not permitted.
4. A First Aid attendant will be located under the McDonald's marquee at the start line to provide basic first aid cover.
5. Competitors who become distressed during the race must raise their hand to attract the attention of safety officials.
6. Emergency procedures will take effect immediately in the event of a major incident.
7. The Meet Manager has the authority to call off the event prior to the start or during the event if inclement weather, fog, heavy winds, or any other conditions adversely affect the safety of the swimmers.
8. The local hospital, Department of Emergency Services, and police station have been notified of the event.
9. A Public Notice appeared in the Sunshine Coast Daily on Saturday, 26 September re the closure of the lake (from the 1000m mark to the Finish Tower end) to all users between 6:00 am and 4:00pm on the day of the event.

